



Bharatiya Bhatke Vimukt Vikas va Sanshodhan Sanstha's  
**YASHWANTRAO CHAVAN SCHOOL OF SOCIAL WORK**  
**SATARA, MAHARASHTRA**  
Affiliated to Shivaji University, Kolhapur

**PRACTICE 2019-20**

**BEST PRACTICE #1**

**TITLE OF THE PRACTICE: RESPONSE TO COVID – 19 PANDEMIC**

**1. The context that required the initiation of the practice**

In December 2019 there was the inception of covid-19 virus from China as the time passed it had spread from country to another and almost within 5 to 6 months it engulfed almost whole world. Every country had got almost lakhs of people infected due to this virus. Like other countries this virus also reached India in March 2020 and it started spreading from one state to another. In Maharashtra also day by day the situation became worst and worst in which Satara District came up with very high number of cases as compared to other districts from Maharashtra. To control the spread of this Corona Virus State as well as Central government was taking stringent steps in which First Janata curfew was announced on 22<sup>nd</sup> March 2020. After which immediately within few days 15 days lockdown was imposed in the whole country and it continued later on for nearly 6 to 7 months. In Satara it almost lasted till one and half years many of the people had lost their current jobs, daily wage labourers, street vendors had suffered a lot due to this lock down. On one side Covid pandemic was becoming a big threat and another side due to poor economic condition many people were starving. In this situation they were requiring all sorts of assistance which as a social work institution we thought was our responsibility to intervene and to help the people to come out from this distressful situation. Another important aspect was to strengthen the existing health care set up to cater the health care needs of the people suffering from this pandemic. Increasing the number of ICU, O2 and Non O2 Beds were one of the important aspect to be worked out to cope up effectively with this pandemic. Another important area was to aware the people about Covid appropriate behaviour and vaccination.

**2. Objectives of the practice**

1. To provide dry ration kits and hygiene kits to people from Satara.

2. To conduct awareness programmes to help people to understand Covid appropriate behaviour.
3. To strengthen existing health care set ups by providing essential medical equipment.
4. To prepare proposals and forwarded to respective donor organisations and convince them to provide donations.
5. To conduct awareness programme for promotion of vaccination.
6. To run helpdesk at vaccination centres to clarify doubts and help people to register on Covin portal.
7. To do rapid need assessment for understanding the knowledge about Covid in common people and status of vaccination and its impact.
8. To help frontline health workers by building their capacities.
9. To assist district disaster management authorities in administering pandemic situation.
10. To assist District Administration authorities by setting new Covid care centres.

### **3. The Practice**

During the first wave of Covid pandemic when the lockdown was imposed we realised the urgent need of dry ration kits to be provided to the affected families due to lockdown. So we initially appealed our ex-students, our staff members and well-wishers through which we could manage to provide dry ration kits to around 100 families. The response work to this Covid pandemic was start from that moment and later on we approach several different CSR companies by preparing several different proposals. These all proposals were prepared by assessing the ground level reality and the current situation about the pandemic and the lockdown in the respective areas. Majorly the response activities were concentrated in four blocks of Satara districts namely, Satara ,Wai, Jaoli and Mahableshwar. We had taken support from the local organisations working in these respective areas. Most of the organisations which are supported us in this response activities were having our alumni as their employees. They had helped us in identifying the real affected families and the exact requirement for them. Also in this whole process we were closely connected with the district administration and with their authorities we had gone for jointly executing each and every activity.

#### **4. Obstacles faced if any and strategies adopted to overcome them**

1. In initial phases authorities from district administration were not responding positively but later on as they saw the consistency of our work in the field and the efforts taken by our college in mobilising the funds to strengthen the health care set ups at different locations ultimately they started responding positively which resulted in collaborative activities.
2. Reaching the outskirts areas especially of Mahabaleshwar Tehsil was very challenging task for all of us as nearly 70 to 80 km. of drive was supposed to be carried on through boats in the back water of the Koyana dam but with the support of district administration, local support partners and our beloved student volunteers it made very easy and comfortable all these drives successful even in the extreme conditions.
3. Getting list of beneficiaries with their personal details and that also in lockdown period was very of big challenge in front of us, but due to support of local partner organisations, this task was easily completed.
4. Arrangement and management of the drives according to the defined time schedule, satisfying the expectations of donors was again another important challenge which we could do it properly with the help of local support partners, district administration, well-wishers, alumni and our volunteers. This resulted in continuous flow of donations in this pandemic situation.

#### **5. Impact of the practice**

This Covid response resulted in raising a fund of approximately 2.25 crore rupees through which we had initiated following activities,

- Distributed dry ration kits to around 7500 plus families from Wai, Jaoli, Mahabaleshwar & Satara Tehsil. Sponsored by Tech Mahindra Foundation, Pune, Karuna Trust, UK, Jansahas, Madhya Pradesh, Save The Children, Mumbai, Persistent Foundation, Pune, Atlas Copco, Pune, Cipla Foundation, Pune – Total cost around 96,62,150.00 Rs.
- Wai Rural Hospital, Wai: 5 ICU semi Fowler beds, Testing Lab equipment's, WASH facility & Biomedical Waste Management System. Sponsored by Persistent Foundation, Pune - Total cost around 15,00,000.00Rs.
- Medha Rural Hospital, Medha: 12 ICU semi Fowler beds, 12 Multipara Monitors, Central Monitoring System, 2 Philips Ventilators, 12 Side Tables. Sponsored by Save the

Children, Mumbai & Tech Mahindra Foundation, Pune – Total cost around 25,20,340.00 Rs.

- ChildrensCovid Care Centre, Bachat Gat Bhavan, Medha: 20 semi fowler beds. Sponsored by Tech Mahindra Foundation, Pune – Total cost around 3,00,000.00Rs.
- Covid Care Centre, Raigaon: 5 Portable Oxygen Concentrators. Sponsored by Tech Mahindra Foundation, Pune – Total cost around 2,50,000.00Rs.
- ZillaParishad Schools, Satara: 16,500 soaps & Toilet Cleaners. Sponsored by UNICEF - Total cost around 2,00,000.00Rs.
- District Hospital, Satara& Jumbo Covid Hospital, Satara: 20000 soaps. Sponsored by Unicef& CYDA, Pune. 2,00,000.00Rs.
- District Health Officer, ZillaParishad, Satara: 5 Portable Oxygen Concentrators (10 Litres each), Sponsored by International Assosiation for Human Rights, New Delhi – Total Cost around 5,00,000.00Rs.
- Civil Hospital, Satara: 15 ICU fowler beds, 15 Multipara Monitors, Central Monitoring System, 2 Ventilators, 1 Mobile X ray machine, 15 Saline Stands. Sponsored by Cipla Foundation, Pune – Total Cost around 32 lakhs.  
4 Ventilators, Sponsored by Save the Children, Mumbai – Total Cost around 23 lakhs  
1 Ventilator Sponsored by Tech Mahindra Foundation, Pune – Total cost around 5 lakhs -  
Total Cost of this facility 60 lakhs.
- Proposed 50 bed Covid Care Centre at Jakatwadi, Satara: As per list mentioned above. Sponsored by Cipla Foundation, Mumbai & CYDA, Pune – Total cost around 22,16,782.00Rs.
- Vaccination Awareness Campaign with UNICEF and CYDA Pune.

**6. Resources required:**

1. Transport Facility
2. List of beneficiaries
3. Dry ration kits
4. Medical Equipment's

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**BEST PRACTICE #2**

**TITLE OF THE PRACTICE: MAKE YOURSELF FIT**

**1. The context that required the initiation of the practice**

Hon'ble Prime Minister launched the FIT INDIA Movement on 29th August 2019 with a view to make physical fitness a way of life. **FIT INDIA Movement** aims at behavioural changes – from sedentary lifestyle to physically active way of day-to—day living.

As part of the movement, universities and colleges were asked to make efforts to better the health and well-being of their students, teaching as well as non-teaching staff and achieve physical fitness, mental strength and emotional wellbeing. Taking the need into consideration, YCSSW organized marathon. Marathon, is taken up as most effective for physical fitness. So, it was chosen to start-up with for implementing fit India movement.

**2.Objectives:**

1. To initiate interest for physical fitness among students and staff
2. To create awareness regarding need of physical exercise for overall health
3. To motivate students and staff to take up concrete activities for physical fitness
4. To inculcate sportsmanship spirit in students

**3. Practice:**

In this marathon, all students, teaching and non-teaching staff and alumni participated very enthusiastically. It was 5KM marathon; participants were given T-shirts from college. It started at 6.30 am on 5<sup>th</sup> September, 2019 from Powai Naka and ended in college. Winners from students as well as staff were declared and awarded with medals.

#### **4.Impact:**

Students, staff and alumni were participating in this activity. It created a sort of bond between them. All were happy and some of them promised to continue with practicing for marathon. Some said that they would opt for outdoor games. During, prize distribution, we got to see one more good thing. The girl who won this marathon, was running with simple sandals. This was observed by her classmates. As a token of appreciation, these students gave her surprise gift of running shoes. This is considered as best practice because it inculcated the feeling of care, belongingness and sportsmanship.

#### **5. Obstacles:**

Conducting such marathons require permission from Traffic police and other systems. This process is time consuming.

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